GATES TRADITIONAL MIDWIFERY

There is nothing more miraculous and normal then growing and birthing new life into this world! It is an awesome privilege and responsibility that I humbly and joyously offer my services to you for this purpose.

My name is Jennifer "Iris" Johnson and I have been involved in midwifery since 1994. I have served as a student, apprentice, assistant, DEM (direct entry midwife) and am currently a CPM and LM in the state of CA (certified professional midwife and licensed midwife)

No one knows a woman's body and baby more than the woman herself! There is no one more invested in the very best outcome then the parents. Therefore, in my practice, the woman and her partner are the ultimate decision makers about their care, birth and baby!

As your midwife it is my intention to help you towards your best self with guidance including; monitoring of your health, informed choices on testing, nutrition, exercise, stress reduction, herbs, self-care and preparation for your birth and postpartum period.

My services include:

Prenatal visits that are monthly up until 30 weeks,

Twice a month from 30 – 36 weeks and from then from 36 weeks until the birth of your baby. I will attend your home birth from the time you want and or need me to come. Offer you comfort measures as well as monitoring of mother and baby. After the baby is born I will stay with you at your home until you and your baby are fully stable, as well as doing a complete newborn exam for your baby.

I bring another fully trained attendant to the birth (you will have an opportunity to meet her before the birth) and I am responsible for paying her.

Postpartum; I will come to your home to check on both you and your baby's well-being within the first 24 hours, again at 3 days and again between 10-14 days. I have an optional 6 weeks postpartum visit where I will offer you a pap smear, discuss forms of birth control, check-in on your recovery and involution and your overall well-being.

I am fully available by phone during your entire care and will do extra visits if needed. The relationship between a woman and her midwife is based on trust and respect. I will be honest and forthright with you and I have the same expectation from my clients.

I have several birth tubs I am happy to lend, if you wish to have a water birth as a birthing option. I enjoy using herbs and offer prenatal "ripening" herbal blend, sitz-bath herbs for healing and a variety of tinctures and homeopathic that I may recommend as needed.

I offer free placental encapsulation to woman who want it.

The total cost of my fee is \$6000. It is to be paid by 36 weeks of pregnancy (unless other arrangements have been made before hand). I go "on call" for you at 37 weeks, meaning I am fully prepared to come to you at any time for the birth of your baby.

Dr back-up/emergency's /refunds

I am not a doctor, nurse or pediatrician, nor have I ever wanted to be one. I have no formal "back-up" doctor or privileges at any one hospital. In case of transport or emergency we will go to the nearest hospital unless determined prenatally. You will be asked to help create and sign an emergency plan for you and your baby.

Regardless of any complication in which there would be need of transport during the birth or a transfer of care during late pregnancy (37 weeks or after), I will stay with you. I will continue to offer as much care, insight and information as possible to help you make the transition to a hospital setting for emergency care that couldn't be done at home. I will continue with postpartum care when you return to your home and be available for you if you or your baby need to stay at a hospital. For these reason I do not give refunds after 36 weeks gestation.

Insurance

Most insurance companies will pay part of your care. I encourage you to call and ask them so you know what to expect. At the end of your postpartum care (2 weeks after your birth). I will supply you with an invoice for your insurance company (if applicable). You will ultimately be the one handling your insurance and be responsible for it. I am available to both you and your insurance company if you find they need more information.

By the time we have done hours of prenatals, you've birthed your baby and I've attended you and your little one postpartum; we are very often deep in with each other. There for I will always be...

Your midwife. Iris

Gates Traditional Midwifery

I have read the above discloser and contract and have had an opportunity to ask questions. I agree to pay the amount of \$6000 to Jennifer Johnson by 36 weeks gestation.

I would like to make payment of		
Paid in full by	(date)	
Mother's name		(print)
	_(Signature)	(date)
Partner's name		(print)
	(Signature)	(date)
Midwife's name		(print)
	(Signature)	(date)